

Department: Predepartmental Unit of Nursing
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Group name: *Care Research Group*

Acronym: *GRUPAC*

Group Coordinator: Juárez Vela, Raúl

ANEP Area/s: Biomedicine

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Department Report: 21/11/2019

RESEARCH TEAM
No. of researchers: 8

<u>Researcher</u>	<u>Department</u>	<u>Professional Category</u>
Juárez Vela, Raúl	P.U. of Nursing	Temporary Associate Professor
Andrade Gómez, Elena	P.U. of Nursing	Temporary Associate Professor
Garrido Rivas, Ana Elena	P.U. of Nursing	Associate
Giménez Luzuriaga, Marta	P.U. of Nursing	Associate
Iruzubieta Barragán, Francisco	P.U. of Nursing	University Nursing School Professor
Lozano Ochoa, Cristina	P.U. of Nursing	Temporary Associate Professor
Marín Palacios, Belén	P.U. of Nursing	University Nursing School Professor
Velasco García, Rafael	P.U. of Nursing	Part-time Hire

COLLABORATORS
No. of collaborators: 0

<u>Collaborators</u>	<u>Department</u>	<u>Professional Category</u>
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Research areas

Self-Care in Chronic Diseases:

The objective of this area is to investigate the empowerment of self-care and contribution to self-care, respectively, in patients with chronic diseases and their caregivers to assess the relationship between self-care and quality of life in patients and caregivers.

Health promotion in the family:

The objective of this area is to deepen the study of health promotion and the adoption of healthy life styles. Both the role of family members in healthy choices and the contextual aspects that can influence them will be investigated: the caregiving role, the physical environment where people live, socio-economic levels and cultural aspects, among others.

Scientific and technological offer

Regional Health Services.

Social Health Residences and Services.

Patient associations.

Biomedical Research Centre of La Rioja (CIBIR).

Research Unit of Health Care of the Carlos III Health Institute.

National and International Relations

"Tor Vergata" University of Rome. Department of Biomedicine and Prevention. Rome, Italy.